

Radiogram No. 4550u

Form 24 for 11.03.02

**Visiting Expedition 4****Medical Ops • Visiting Expedition 4: Day 3 Onboard the ISS**

<b>GMT</b>	<b>Crew</b>	<b>Activity</b>
08:30–08:40	VC4 CDR	Morning inspection
08:30–08:45	VC4 FE1, VC4 FE2	SLEEP: questionnaire fill-out
08:45–08:55	VC4 CDR, VC4 FE1	VIRUS: saliva sampling
08:45–09:10	VC4 FE2	Post-sleep
08:55–09:05	VC4 FE1	
08:55–09:10	VC4 CDR	
09:05–09:10	VC4 FE1	ARISS: prep for amateur radio pass
09:10–09:25		ARISS: amateur radio pass
09:10–10:00	VC4 CDR, VC4 FE2	BREAKFAST
09:25–10:00	VC4 FE1	
10:00–10:15	VC4 CDR	SLEEP: questionnaire fill-out
10:00–10:10	VC4 FE1	MESSAGE: incubation of microbial culture
10:00–10:30	VC4 FE2	Prep for work
10:10–10:20	VC4 FE1	CARDIOCOG: Measurement of arterial blood pressure
10:20–11:10		CARDIOCOG: experiment setup
10:25–10:30	VC4 CDR	AQUARIUS-B: temperature check
10:30–10:45	VC4 CDR, VC4 FE2	Daily planning conference ( <i>S-band</i> )
10:45–12:45	VC4 CDR	Soyuz TMA-1 descent training. Tagup w/ ground specialist ( <i>S-band</i> )
10:55–11:00	VC4 FE2	CARDIOCOG: experiment prep
11:00–11:30		Photo/video ops
11:10–12:40	VC4 FE1	CARDIOCOG: experiment ops
11:50–11:55	VC4 FE2	CARDIOCOG: experiment ops
12:40–13:20	VC4 FE1	CARDIOCOG: closeout ops
13:10–13:20	VC4 FE2	CARDIOCOG: measurement of arterial blood pressure
13:20–14:00		CARDIOCOG: experiment prep
13:20–13:50	VC4 FE1	Photo/video ops
13:50–13:55	VC4 CDR	CARDIOCOG: experiment prep
14:00–15:30	VC4 FE2	CARDIOCOG: experiment ops
14:05–14:20	VC4 CDR	AQUARIUS-B: closeout operations with B-container PXO-Signals
14:10–14:25	VC4 FE1	Private conference on IP phone ( <i>Ku-band</i> )
14:25–14:35		PROMISS: videotape changeout
14:35–14:45		DCCO videotape changeout
14:40–14:45	VC4 CDR	CARDIOCOG: experiment ops
15:00–16:00	VC4 FE1	LUNCH
15:05–16:05	VC4 CDR	
15:30–16:10	VC4 FE2	CARDIOCOG: closeout ops

16:00–16:30	VC4 FE1	E-mail ops
16:05–16:15	VC4 CDR	CARDIOCOG: measurement of arterial blood pressure
16:10–17:10	VC4 FE2	LUNCH
16:15–16:55	VC4 CDR	CARDIOCOG: experiment prep
16:45–16:50	VC4 FE1	CARDIOCOG: experiment prep
16:55–18:25	VC4 CDR	CARDIOCOG: experiment ops
17:10–18:20	VC4 FE2	Activity with commemorative items (for Belgium). Video recording of commemorative item activity
17:10–17:35	VC4 FE1	CARDIOCOG: experiment ops
17:35–17:40		Activity with commemorative items. Video recording of commemorative item activity
17:40–18:20		Private medical conference ( <i>YKB2</i> )
18:20–18:30		CARDIOCOG: closeout ops
18:25–19:05	VC4 CDR	CARDIOCOG: closeout ops
18:30–19:15	VC4 FE1, VC4 FE2	Activity with commemorative items. Video recording of commemorative item activity
19:05–19:15	VC4 CDR	AQUARIUS-B: payload stowage
19:15–19:30		Daily planning conference ( <i>S-band</i> )
19:35–19:50	VC4 FE1, VC4 FE2	Setup for video downlink (Belgian program) ( $T_0=19:37$ , T1, T2, T3 will be activated by the Automated Daily Timeline (СПП))
19:50–20:00		Video downlink (Belgian program)
20:05–20:30		Daily plan review
20:30–21:00		Report prep
21:10–21:25	VC4 FE1, VC4 FE2	Setup for live TV link ( $T_0=21:11$ , T1, T2, T3 will be activated by the Automated Daily Timeline (СПП))
21:25–21:40	VC4 FE1, VC4 FE2 (assist)	TV report for the city of Saint Truiden ( <i>VHF1</i> )
21:55–22:00	VC4 CDR	AQUARIUS-B: temperature check
22:00–22:30		DINNER
22:30–23:00		Daily food prep
22:45–23:00	VC4 FE2	Setup for video downlink for Belgium (backup window) ( $T_0=22:46$ , T1, T2, T3 will be activated by the Automated Daily Timeline (СПП))
23:00–23:15		Video downlink for Belgium (backup window)
23:00–23:50		Pre-sleep
23:00–00:00	VC4 CDR, VC4 FE1	Pre-sleep
23:50–00:00	VC4 FE2	Camcorder battery charge (for the Visiting Crew) (DSR PD-150P)
00:00–08:30		SLEEP

See OSTP for references to US procedures

End of radiogram